NY 研修レポート resident 2<sup>nd</sup> year Kuroska Koki

We had NYC English course for the first time for 4 years of COVID-19 pandemic. Of course, we could 100% enjoy our trip and study English and medicine in NYC a lot, but for next participants, it may be helpful to know what we done while the course.

Our trip to NYC had started from Komatsu airport. We had 20 hours long trip from Komatsu to JFK. We had to transit at Taipei, and we had to wait for the flight about 7 hours. We had a few times of sessions before the trip, but we didn't have well known each other, so it was good for all of us having time for talking while waiting time. After long flight, we could reach to JFK airport. Professor Andrew welcomed us at the airport. We all were very excited, so we forgot the 13 hours of jet lug.

On the second day, Professor Andrew took us around the NYC. It was the first time for me to visit NYC, the view of the city was so impressive, and we took a lot of pictures. Using metro was impressive and taking bus at NYC was different from Kanazawa at all. We walk to the building of the UN and took some pictures. After long walking, we went to Metropolitan Museum. Metropolitan museum was huge, and we could find a lot from exhibitions. Some participants including me were very tired from walking and jet lug, we departed 2 groups. One was continuing to watch exhibitions at Met, the other was going back to the hotel, and took some rest. I was latter one.

Our program had started from third day, it was Monday though. We went to PACE university for the first time. PACE was one of the oldest universities on the NYC, and we had very long time there while the program. We had lectures about medical interview in English by Tony. Tony was very kind and nice, he taught many words used in medical interview. After we had 3 days of lectures, we had a dinner with ALTs, assistant language teachers. We had great time with good cocktails.

One of the most memorable events in the NYC was broadway show. We watch Aladdin. I had seen both animated movie and live action movie, but I become to love broadway's one the most! The music was fantastic, and the actors acted like they were real! It was changed my sight since ever. I strongly recommend to watch broadway show if you visit NYC.

Phelps hospital was on the Sleepy hollow, took 40 minutes by train from Manhattan. We went there to learn how they treated patients in the US. We residents had learned 6 cases of patients with cardiac problems. It was difficult even in Japanese, but we had to answer in English, it became more confusing. On my opinion, the names of the medications were most confusing problems for the Japanese doctors. In English, it was totally different from how pronounce them from Japanese. After the course, we had lunch with the employees and talking a lot about the difference between US and Japan and something more personal. It was very interesting to talk with people from totally different background. We took pictures and got some great presents.

On the weekend of the first week, we had 6 interviews with SPs in each day. For many of us, it was first time taking medical interview in English. Even in Japanese, medical students had never tried to make interviews, so it was not difficult to imagine how hard to take interviews in English.

From second week, we had the opportunities to shadow the doctors in clinic on NYC. We had 3 days, and we shadow different doctors in different clinics on each day. In my opinion, it was interesting we have similar situations in US and Japan about relationships between doctors and nurses, and patients. Doctors and nurses must cooperate in medical situations, but sometimes we conflict each other. And many of the patients have serious anxious about their health, so doctors have to relief them by treating and describing. Those situations were common in US and Japan, it means it is one of the most important things in medical scenes regardless nations.

On the last of the program, we had a chance to visit Mt Sinai hospital. Some medical students at the hospital took us around the hospital, and their residence. The hospital was huge and incredibly clean. It was not common in

Japan, but Mt Sinai hospital include medical university, and they have the lecture hall in the middle of the hospital, of course separated from the patients' room though. And residence of the students was nice and inexpensive for the middle of the NYC.

On the very last day, we could watch the baseball game, New York Mets vs Los Angels. Unfortunately, regarding our flight time, we couldn't watch the game till last, but the citi field stadium was great, and the game was soo excited! That was one of the greatest things while my stay in NYC. We could see Ohtani also, he hit double in the game.

After all, we had extremely busy program, we had only a day off and it was the first day we arrived NYC, but we could visit almost all sightseeing spot. Thanks to English course our abilities of English were improved drastically. This course is good for not only the person interested in English, but everyone. Let's join us!!